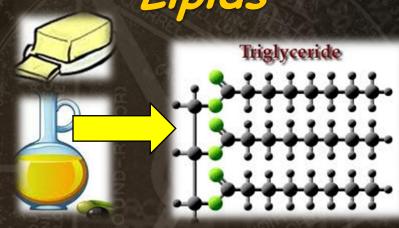


#### It breaks down into ...

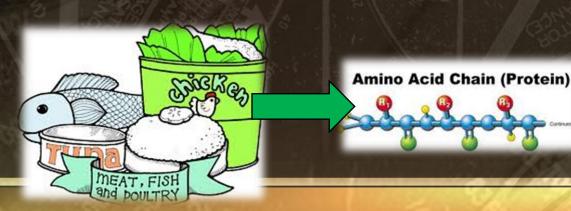
#### Carbohydrates



#### Lipids



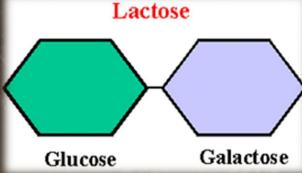
#### Proteins



#### Let's look at... Lactose

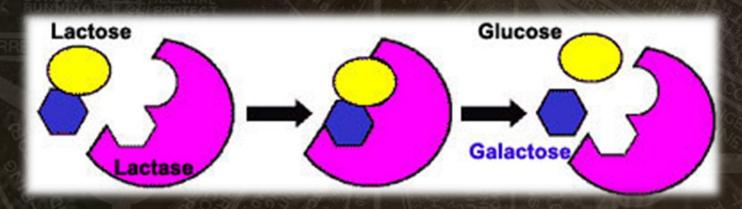
- ·What is lactose?
  - -Lactose is a disaccharide found in dairy products





#### What is Lactose-intolerance?

· They lack the enzyme: LACTASE

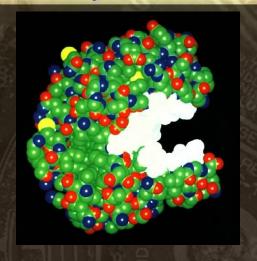


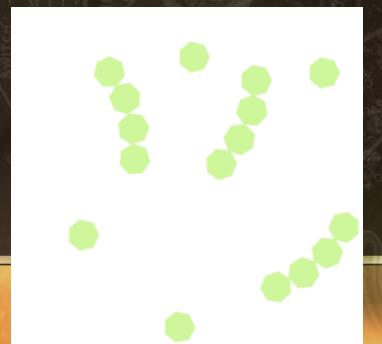
- · Sugars end in "-ose"
- · Enzymes end in "-ase"

But...what is an enzyme?

## What Are Enzymes?

- Most enzymes are Proteins
- · Act as Catalyst to speed up a chemical reaction by helping molecules react with each other faster





## Enzymes

- · Are specific for what they will catalyze
- · Are Reusable
- · End in -ase

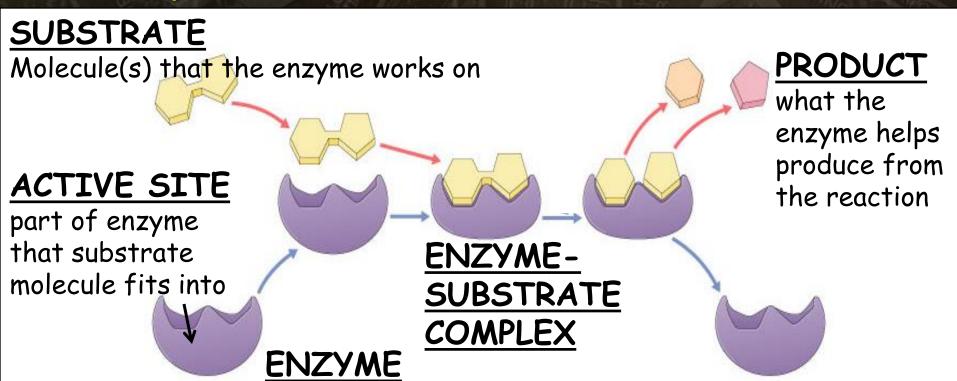


- ·Sucrase breaks down sucrose
- Proteases breakdown proteins
- ·Lipases breakdown lipids
- ·DNA polymerase builds DNA



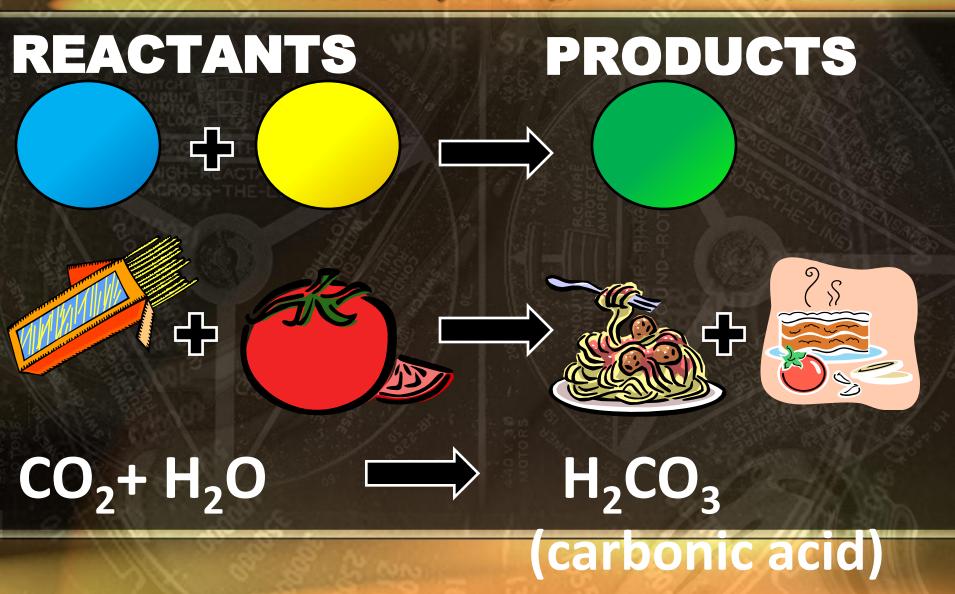
## Enzymes aren't used up

- re-used again for the same reaction with other molecules
- very little enzyme needed to help in many reactions



helper protein molecule

#### Reactants form Products



## It's shape that matters!

- · Lock & Key model
  - shape of enzyme allows substrate to fit
  - specific enzyme
     for each specific
     reaction

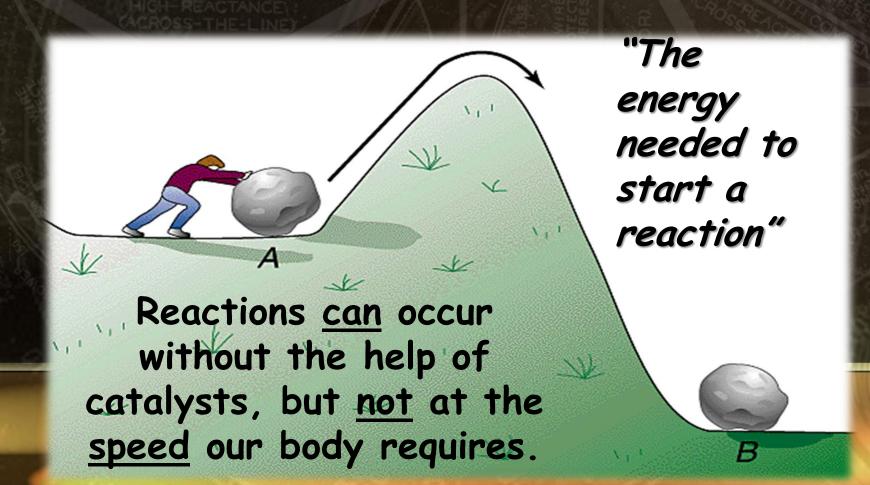
Chemical Reaction:



Enzyme + Substrate → Enzyme + Product
REACTANTS
PRODUCTS

## How do enzymes Work?

# Enzymes work by weakening bonds which lowers activation energy

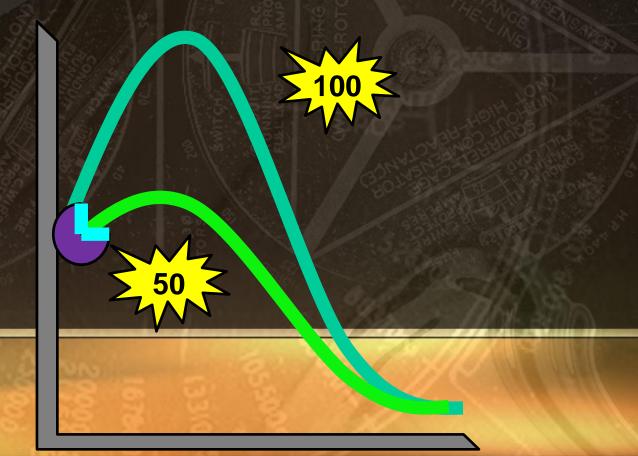


## Activation Energy

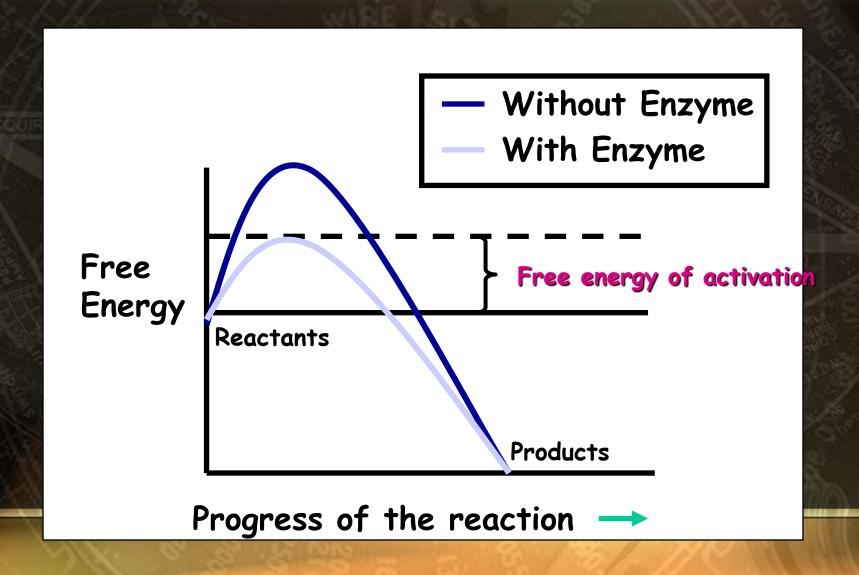
Enzymes reduce the energy needed for reaction to occur (energy of activation)

It is like a discount on the cost of the

reaction

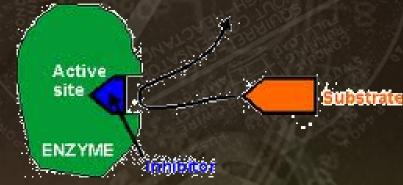


## Activation Energy



### What Affects Enzyme Activity?

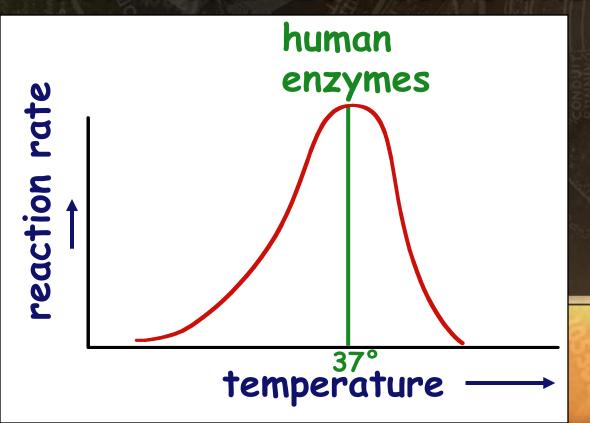
- 1. Environmental Conditions
  - -pH, temperature, enzyme or substrate concentration
- 2. Cofactors and Coenzymes
  - -substances needed for the enzyme to work
- 3. Enzyme Inhibitors
  - -bind and block the enzyme from working





### Temperature

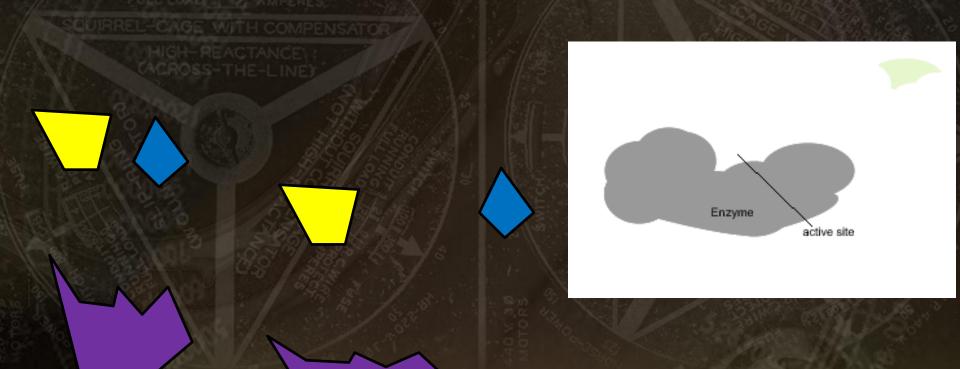
- HIGH temperatures cause enzymes to denature (unfold and lose shape)
- LOW temperatures slow molecules down and less collisions



Human Enzymes: 35°-40°C (body temp = 37°C)

#### Denaturing

 Denaturing: extreme temperature and pH can change enzyme shape, rendering it useless.

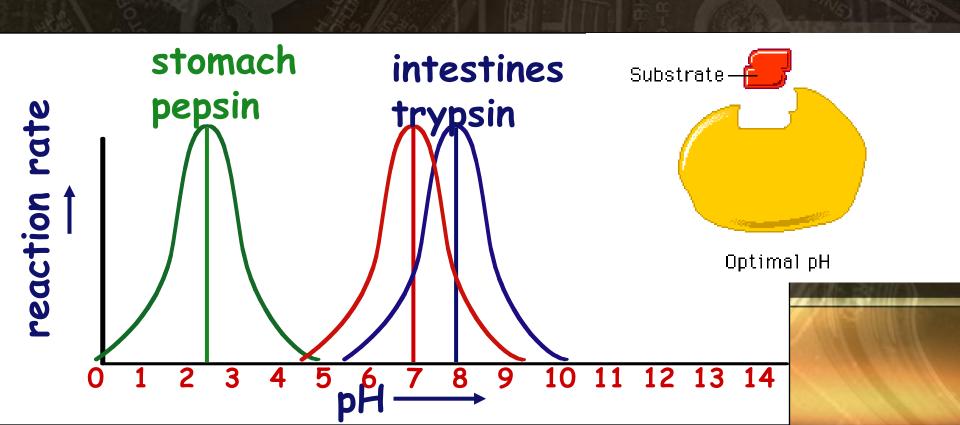


**NORMAL SHAPE** 

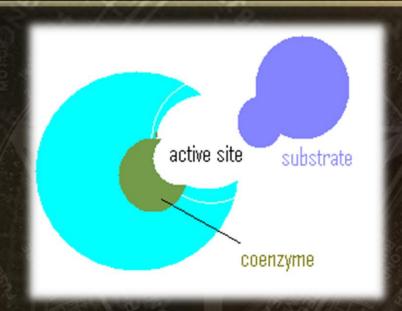
**DENATURED SHAPE** 

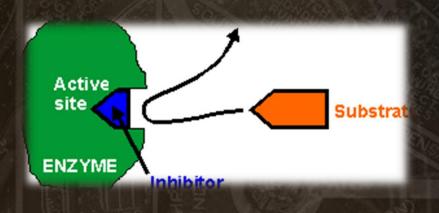
### pH

- · changes in pH changes protein shape
- most human enzymes = pH 6-8
- · depends on location in body

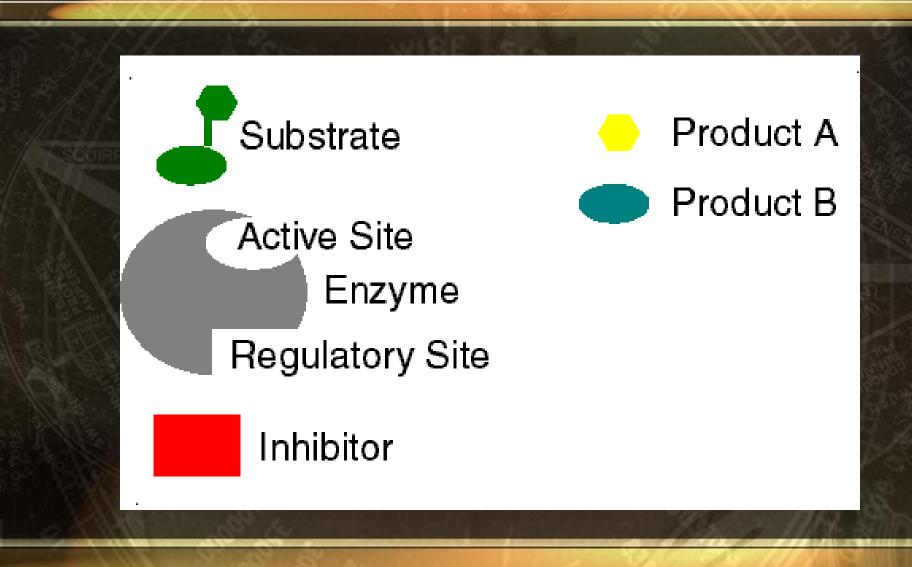


#### Cofactors, Coenzymes and Inhibitors





- · Coenzymes are needed for the substrate to bind.
- Inhibitors prevent the substrate from binding.



# Every reaction in your body is helped by an enzyme.



Enzymes are the "workers" of your body.